

**2021 年首场瑜伽公开课**  
**First Yoga Workshop of 2021**

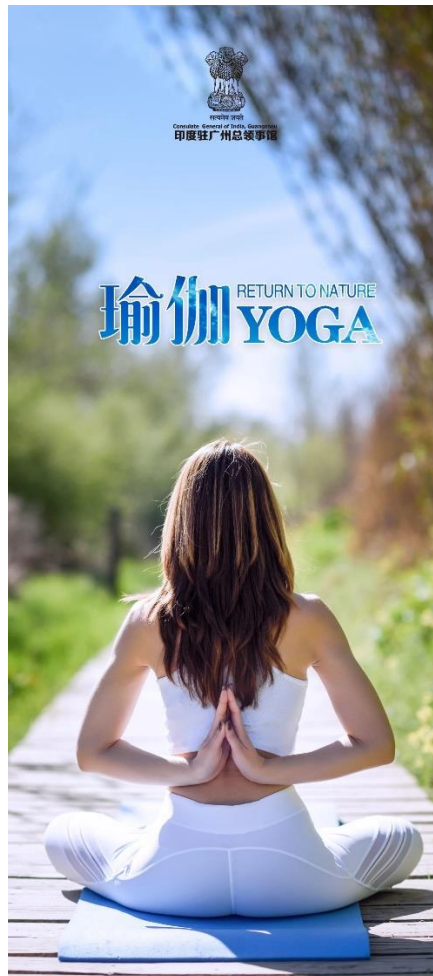
印度驻广州总领事馆将于 2 月 1 日组织瑜伽公开课。  
The Consulate General of India, Guangzhou will be organizing a Yoga Workshop on 1st February at the Consulate.

本次公开课由 Isha 瑜伽机构的老师授课，带领大家一起练习古典瑜伽。  
This workshop will be conducted by the teachers from Isha Yoga, and they will guide the participants to practice yoga.

时间：2 月 1 日（周一）下午 4 点开始，90 分钟课程内容  
Time: Start from 4pm, 90 mins, on 1st February, Monday

地点：天河区林和中路 8 号海航大厦 14 楼，印度驻广州总领馆 (多功能厅)  
Venue: Consulate General of India, Guangzhou (Multi-function hall), 14/F HNA Tower, No. 8, Linhezhong Road, Tianhe District.

请关注领馆公众号后，输入“瑜伽公开课”报名。  
Please follow Consulate's Wechat Public Account, and input "Yoga Workshop" for registration.



温馨提醒

For kind attention

请大家参加活动时保持社交距离，并听从现场工作人员的防疫指引。

Please maintain social distance when attending the event and follow the epidemic prevention instructions from the teachers.

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Extract QR Code to follow Consulate General of India, Guangzhou

长按二维码，关注印度驻广州总领事馆

